

Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## Before you watch

### 1 Answer the questions.

- 1 Which continent is Japan on?  
.....
- 2 What is the capital of Japan?  
.....
- 3 What is sushi?  
.....



## While you watch

### 2 Watch the first part of the video (up to 01:24) and complete the sentences with the correct adjective.

- 1 The ocean is very ..... to the Japanese people.
- 2 A lot of Japanese people live a very ..... time.
- 3 Swimming is ..... exercise.
- 4 The women find ..... food in the sea.
- 5 They find a lot of ..... types of fish.

### 3 Watch the first part of the video (up to 01:34) again. Mark the sentences true (T) or false (F). Correct the false sentences.

- 1 Japan has hundreds of islands. ....
- 2 Japan is in the Atlantic Ocean. ....
- 3  $\frac{1}{5}$  of Japanese people are more than 75 years old. ....
- 4 Tuna is a very popular fish. ....
- 5 Tuna is very expensive. ....

### 4 Watch the second part of the video (from 01:34). Order the events.

- ☐ a Osamu sees lots of fish on his computer screen.
- ☐ b Osamu looks out of the window.
- ☐ c Osamu looks out of the window again.
- ☐ d Osamu catches a big tuna.

## After you watch

### 5 How can we be healthy and live a long time? Write down your ideas and then compare them with a partner.

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